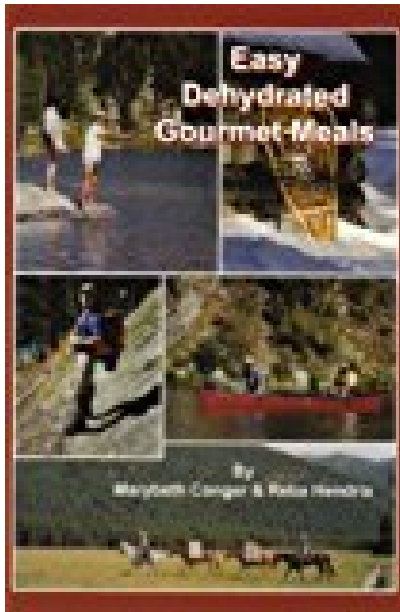


Easy Dehydrated Gourmet Meals



BOOK DETAILS

- Author : Reba Hendrix
- Pages : 62 Pages
- Publisher : Northern Outpost LLC
- Language : English
- ISBN : 0974650900

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BOOK SYNOPSIS

Over 180 recipes for soups, stews, pasta, casseroles, breakfasts, and snacks
Includes vegetarian and low-fat recipes
Tips on drying food in a dehydrator or oven
19 new recipes, including snacks, soups and stews, and casseroles

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