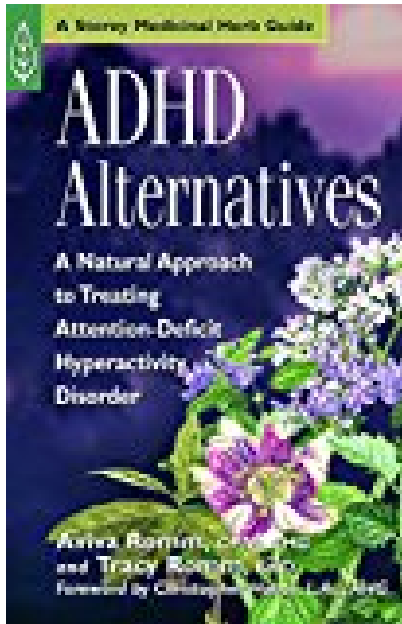


ADHD Alternatives A Natural Approach to Treating Attention Deficit Hyperactivity Disorder



BOOK DETAILS

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BOOK SYNOPSIS

Attention-deficit hyperactivity disorder (ADHD) is one of the most commonly diagnosed, and misdiagnosed, disorders in children. This guide focuses on the root causes of ADHD and offers a natural and holistic approach to combat the disorder, encouraging families to find solutions that don't rely on psychostimulant drugs like Ritalin. Discover the many benefits of treating ADHD with a mixture of nutritional supplements, herbal medicines, and parenting techniques that foster self-esteem, creativity, self-discipline, and confidence.

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